

Cross-Country Sign Up

Mary Immaculate Athletics offers cross-country for boys and girls in grades 5-8. Meets will be held on Saturdays. Practices will be at the park across the street from MIS. Athletic fees are dependent upon the number of students who sign up. The fee must be paid in order to receive a uniform. Every athlete must have a medical release and physical on file in order to play.

This form is due to the athletic office by _____.

Student Information

Name _____ Grade _____

T-shirt size: YS YM YL YXL AS AM AL AXL AXXL

I am active in other activities: _____ YES _____ NO (*if yes, please list*) _____

I will make MIS games first priority in case of conflicts: _____ YES _____ NO

Parent Permission

I give my daughter/son permission to participate in cross-country at MIS.

Parent Signature _____ Date _____

Phone1 _____ Email1 _____

Phone2 _____ Email2 _____

Coaching Information

I would like to coach _____ OR I would like to help coach _____.

Name _____ T-shirt Size _____

Phone _____ Email _____

Note that all coaches must have attended a DPL Play Like a Champion Workshop and completed the safe environment requirements before the first day of practice. Play Like a Champion is held through the DPL several times a year. Safe Environment Training is on line except for the video for first time volunteers.

DPL Office Contact:
972-404-0375

Safe Environment Training Contact:
Paula Echeverry: pecheverry@mischool.org

Athletic Director

For more information on MIS Athletics, please contact Michelle Jones, MIS Athletic Director, at mjones@mischool.org.